# Notes 18 : Optional Sampling Theorem

Math 733-734: Theory of Probability

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References: [Wil91, Chapter 14], [Dur10, Section 5.7]. Recall:

**DEF 18.1 (Uniform Integrability)** A collection C of RVs on  $(\Omega, \mathcal{F}, \mathbb{P})$  is uniformly integrable (UI) if:  $\forall \varepsilon > 0, \exists K > +\infty s.t.$ 

$$\mathbb{E}[|X|; |X| > K] < \varepsilon, \qquad \forall X \in \mathcal{C}.$$

**THM 18.2 (Necessary and Sufficient Condition for**  $\mathcal{L}^1$  **Convergence)** Let  $\{X_n\} \in \mathcal{L}^1$  and  $X \in \mathcal{L}^1$ . Then  $X_n \to X$  in  $\mathcal{L}^1$  if and only if the following two conditions hold:

- $X_n \to X$  in probability
- $\{X_n\}$  is UI

**THM 18.3 (Convergence of UI MGs)** Let  $\{M_n\}$  be UI MG. Then

$$M_n \to M_\infty \in \mathcal{F}_\infty = \sigma \left( \cup_n \mathcal{F}_n \right),$$

a.s. and in  $\mathcal{L}^1$ . Moreover,

$$M_n = \mathbb{E}[M_\infty \,|\, \mathcal{F}_n], \qquad \forall n.$$

**THM 18.4 (Lévy's upward theorem)** Let  $Z \in \mathcal{L}^1$  and define  $M_n = \mathbb{E}[Z | \mathcal{F}_n]$ . Then  $\{M_n\}$  is a UI MG and

$$M_n \to M_\infty = \mathbb{E}[Z \,|\, \mathcal{F}_\infty],$$

a.s. and in  $\mathcal{L}^1$ .

### **1** Optional Sampling Theorem

### **1.1 Review: Stopping times**

Recall:

**DEF 18.5** A random variable  $T : \Omega \to \overline{\mathbb{Z}}_+ \equiv \{0, 1, \dots, +\infty\}$  is called a stopping time *if* 

$$\{T=n\}\in\mathcal{F}_n,\ \forall n\in\overline{\mathbb{Z}}_+,$$

**EX 18.6** Let  $\{A_n\}$  be an adapted process and  $B \in \mathcal{B}$ . Then

$$T = \inf\{n \ge 0 : A_n \in B\},\$$

is a stopping time.

**LEM 18.7 (Stopping Time Lemma)** Let  $\{M_n\}$  be a MG and T be a stopping time. Then the stopped process  $\{M_{T \wedge n}\}$  is a MG and in particular

$$\mathbb{E}[M_{T \wedge n}] = \mathbb{E}[M_0].$$

**THM 18.8** Let  $\{M_n\}$  be a MG and T be a stopping time. Then  $M_T \in \mathcal{L}^1$  and

$$\mathbb{E}[M_T] = \mathbb{E}[M_0].$$

if any of the following conditions holds:

- 1. T is bounded
- 2.  $\{M_n\}$  is bounded and T is a.s. finite
- 3.  $\mathbb{E}[T] < +\infty$  and  $\{M_n\}$  has bounded increments
- 4.  $\{M_n\}$  is UI. (This one is new. The proof follows from the Optional Sampling Theorem below.)

**Proof:** From the previous theorem, we have

$$(*) \quad \mathbb{E}[M_{T \wedge n} - M_0] = 0.$$

- 1. Take n = N in (\*) where  $T \leq N$  a.s.
- 2. Take n to  $+\infty$  and use (DOM).

3. Note that

$$|M_{T\wedge n} - M_0| = \left|\sum_{i \le T \land n} (M_i - M_{i-1})\right| \le KT,$$

where  $|M_n - M_{n-1}| \leq K$  a.s. Use (DOM).

**DEF 18.9** ( $\mathcal{F}_T$ ) Let T be a stopping time. Denote by  $\mathcal{F}_T$  the set of all events F such that  $\forall n \in \mathbb{Z}_+$ 

$$F \cap \{T = n\} \in \mathcal{F}_n.$$

#### **1.2** More on the $\sigma$ -field $\mathcal{F}_T$

The following two lemmas help clarify the definition of  $\mathcal{F}_T$ :

**LEM 18.10**  $\mathcal{F}_T = \mathcal{F}_n$  if  $T \equiv n$ ,  $\mathcal{F}_T = \mathcal{F}_\infty$  if  $T \equiv \infty$  and  $\mathcal{F}_T \subseteq \mathcal{F}_\infty$  for any T. **Proof:** In the first case, note  $F \cap \{T = k\}$  is empty if  $k \neq n$  and is F if k = n. So if  $F \in \mathcal{F}_T$  then  $F = F \cap \{T = n\} \in \mathcal{F}_n$  and if  $F \in F_n$  then  $F = F \cap \{T = n\} \in \mathcal{F}_n$ . Moreover  $\emptyset \in \mathcal{F}_n$  so we have proved both inclusions. This works also for  $n = \infty$ . For the third claim note

$$F = \cup_{k \in \overline{\mathbb{Z}}_+} F \cap \{T = n\} \in \mathcal{F}_{\infty}.$$

**LEM 18.11** If  $\{X_n\}$  is adapted and T is a stopping time then  $X_T \in \mathcal{F}_T$  (where we assume that  $X_{\infty} \in \mathcal{F}_{\infty}$ , e.g.,  $X_{\infty} = \liminf_n X_n$ ).

**Proof:** For  $B \in \mathcal{B}$ 

$${X_T \in B} \cap {T = n} = {X_n \in B} \cap {T = n} \in \mathcal{F}_n.$$

**LEM 18.12** If S, T are stopping times, then  $S \wedge T$  is a stopping time and  $\mathcal{F}_{S \wedge T} \subseteq \mathcal{F}_T$ .

**Proof:** We first show that  $S \wedge T$  is a stopping time. Note that

$$\{S \land T = k\} = [\{S = k\} \cap \{T \ge k\}] \cup [\{S \ge k\} \cap \{T = k\}] \in \mathcal{F}_k,$$

since all event above are in  $\mathcal{F}_k$  by the fact that S and T are themselves stopping times.

For the second claim, let  $F \in \mathcal{F}_{S \wedge T}$ . Note that

$$F \cap \{T = n\} = \bigcup_{k \le n} [(F \cap \{S \land T = k\}) \cap \{T = n\}] \in \mathcal{F}_n.$$

Indeed, the expression in parenthesis is in  $\mathcal{F}_k \subseteq \mathcal{F}_n$  and  $\{T = n\} \in \mathcal{F}_n$ .

### **1.3** Optional Sampling Theorem (OST)

We show that the MG property extends to stopping times under UI MGs.

**THM 18.13 (Optional Sampling Theorem)** If  $\{M_n\}$  is a UI MG and S, T are stopping times with  $S \leq T$  a.s. then  $\mathbb{E}|M_T| < +\infty$  and

$$\mathbb{E}[M_T \,|\, \mathcal{F}_S] = M_S.$$

**Proof:** Since  $\{M_n\}$  is UI,  $\exists M_{\infty} \in \mathcal{L}^1$  s.t.  $M_n \to M_{\infty}$  a.s. and in  $\mathcal{L}^1$ . We prove a more general claim:

#### LEM 18.14

$$\mathbb{E}[M_{\infty} \,|\, \mathcal{F}_T] = M_T.$$

Indeed, we then get the theorem by (TOWER) (and (JENSEN) for the integrability claim).

**Proof:**(of the lemma) We divide  $M_{\infty} = M_{\infty}^+ - M_{\infty}^- \equiv X_{\infty} - Y_{\infty}$  into positive and negative parts and write

$$M_n = \mathbb{E}[M_{\infty} | \mathcal{F}_n] = \mathbb{E}[X_{\infty} | \mathcal{F}_n] - \mathbb{E}[Y_{\infty} | \mathcal{F}_n] \equiv X_n - Y_n,$$

by linearity. We show that  $\mathbb{E}[X_{\infty} | \mathcal{F}_T] = X_T$ . The same argument holds for  $\{Y_n\}$ , which then implies  $\mathbb{E}[M_{\infty} | \mathcal{F}_T] = X_T - Y_T = M_T$ , as claimed.

We have of course that  $X_{\infty} \ge 0$ , and hence  $X_n = \mathbb{E}[X_{\infty} | \mathcal{F}_n] \ge 0 \ \forall n$ . Let  $F \in \mathcal{F}_T$ . Then

$$\mathbb{E}[X_{\infty}; F \cap \{T = \infty\}] = \mathbb{E}[X_T; F \cap \{T = \infty\}],$$

since  $X_n = \mathbb{E}[X_\infty | \mathcal{F}_n] \to X_\infty$  a.s. by Lévy's Upward Theorem. Therefore it suffices to show

$$\mathbb{E}[X_{\infty}; F \cap \{T < +\infty\}] = \mathbb{E}[X_T; F \cap \{T < +\infty\}].$$

In fact, by (MON), it suffices to show

$$\sum_{i\geq 0} \mathbb{E}[X_{\infty}; F \cap \{T=i\}] = \sum_{i\geq 0} \mathbb{E}[X_T; F \cap \{T=i\}].$$

But note that  $F \cap \{T = i\} \in \mathcal{F}_i$  so that

$$\mathbb{E}[X_T; F \cap \{T=i\}] = \mathbb{E}[X_i; F \cap \{T=i\}] = \mathbb{E}[X_\infty; F \cap \{T=i\}],$$

since  $X_i = \mathbb{E}[X_{\infty} | \mathcal{F}_i]$ . That concludes the proof of the stronger claim.

### 2 Wald's identities

Often additional properties of T hold (typically  $\mathbb{E}[T] < +\infty$ ), which can be taken advantage of by considering instead the MG  $\{M_{T \wedge n}\}$  in the OST above (noticing of course that  $M_{T \wedge S} = M_S$  and  $M_{T \wedge T} = M_T$  whenever  $S \leq T$  a.s.). In that context, the following is useful.

**LEM 18.15** Suppose  $\{M_n\}$  is a MG such that  $\mathbb{E}[|M_{n+1} - M_n| | \mathcal{F}_n] \leq B$  a.s. for all n. Suppose T is a stopping time with  $\mathbb{E}[T] < +\infty$ . Then the stoppped MG  $\{M_{T \wedge n}\}$  is UI.

**Proof:** Assume WLOG that  $M_0 = 0$ , to simplify. Observe first that

$$|M_{T \wedge n}| \le \sum_{m=0}^{+\infty} |M_{m+1} - M_m| \mathbb{1}_{\{T > m\}}, \quad \forall n.$$

Taking expectations on the RHS (which does not depend on n), we get

$$\sum_{m=0}^{+\infty} \mathbb{E} \left[ |M_{m+1} - M_m| \, \mathbb{1}_{\{T > m\}} \right] = \sum_{m=0}^{+\infty} \mathbb{E} \left[ |M_{m+1} - M_m| \, \mathbb{1}_{\{T > m\}} \right]$$
$$= \sum_{m=0}^{+\infty} \mathbb{E} \left[ \mathbb{E} \left[ |M_{m+1} - M_m| \, \mathbb{1}_{\{T > m\}} | \mathcal{F}_m \right] \right]$$
$$= \sum_{m=0}^{+\infty} \mathbb{E} \left[ \mathbb{E} \left[ |M_{m+1} - M_m| \, |\mathcal{F}_m] \, \mathbb{1}_{\{T > m\}} \right]$$
$$\leq \sum_{m=0}^{+\infty} \mathbb{E} \left[ B \mathbb{1}_{\{T > m\}} \right]$$
$$\leq B \sum_{m=0}^{+\infty} \mathbb{P} \left[ T > m \right]$$
$$\leq B \mathbb{E}[T] < +\infty,$$

where we used that  $\{T > m\} \in \mathcal{F}_m$ .

As an application, we recover Wald's first identity. For  $X_1, X_2, \ldots \in \mathbb{R}$ , let  $S_n = \sum_{i=1}^n X_i$ .

**THM 18.16 (Wald's first identity)** Let  $X_1, X_2, \ldots \in \mathcal{L}^1$  be i.i.d. with  $\mu = \mathbb{E}[X_1]$  and let  $T \in \mathcal{L}^1$  be a stopping time. Then

$$\mathbb{E}[S_T] = \mu \mathbb{E}[T].$$

**Proof:** Recall that  $M_n = S_n - n\mu$  is a MG. By LEM 18.15 and the assumption  $T \in \mathcal{L}^1$ , the MG  $\{M_{T \wedge n}\}$  is UI. Indeed

$$\mathbb{E}\left[|M_{n+1} - M_n| \,|\, \mathcal{F}_n\right] = \mathbb{E}\left[|X_{n+1} - \mu| \,|\, \mathcal{F}_n\right]$$
  
$$\leq \mu + \mathbb{E}|X_1| \equiv B < +\infty,$$

by the triangle inequality and the Role of independence lemma. Apply THM 18.8 to  $\{M_{T \wedge n}\}$ .

We also recall Wald's second identity. We give a MG-based proof (but argue about convergence directly rather than using THM 18.8).

**THM 18.17 (Wald's second identity)** Let  $X_1, X_2, \ldots \in \mathcal{L}^2$  be i.i.d. with  $\mathbb{E}[X_1] = 0$  and  $\sigma^2 = \operatorname{Var}[X_1]$  and let  $T \in \mathcal{L}^1$  be a stopping time. Then

$$\mathbb{E}[S_T^2] = \sigma^2 \mathbb{E}[T]$$

**Proof:** Recall that  $M_n = S_n^2 - n\sigma^2$  is a MG. Hence so is  $M_{T \wedge n}$  and

$$0 = \mathbb{E}[M_{T \wedge n}] = \mathbb{E}[S_{T \wedge n}^2 - (T \wedge n)\sigma^2] = \mathbb{E}[S_{T \wedge n}^2] - \sigma^2 \mathbb{E}[T \wedge n].$$
(1)

We have that  $\mathbb{E}[T \wedge n] \uparrow \mathbb{E}[T]$  as  $n \to +\infty$  by (MON).

To argue about the convergence of  $\mathbb{E}[S^2_{T \wedge n}]$  we note that, by the assumption  $\mathbb{E}[X_1] = 0$ , it follows that  $\{S_n\}$  is a MG and hence so is  $\{S_{T \wedge n}\}$ . The latter is bounded in  $\mathcal{L}^2$  since, by (1), we have

$$\mathbb{E}[S^2_{T \wedge n}] = \sigma^2 \mathbb{E}[T \wedge n] \le \sigma^2 \mathbb{E}[T] < +\infty,$$

for all *n*. Hence  $S_{T \wedge n}$  converges a.s. and in  $\mathcal{L}^2$  to  $S_T$  (since  $T < +\infty$  a.s. by assumption). Convergence in  $\mathcal{L}^2$  also implies convergence of the second moment. Indeed, by the triangle inequality,

$$|||S_{T \wedge n}||_2 - ||S_T||_2| \le ||S_{T \wedge n} - S_T||_2 \to 0.$$

Hence,

$$0 = \mathbb{E}[S_{T \wedge n}^2] - \sigma^2 \mathbb{E}[T \wedge n] \to \mathbb{E}[S_T^2] - \sigma^2 \mathbb{E}[T],$$

which concludes the proof.

To establish  $\mathbb{E}[T] < +\infty$ , the following lemma can be used.

**LEM 18.18 (Waiting for the inevitable)** Let T be a stopping time. Assume there is  $N \in \mathbb{Z}_+$  and  $\varepsilon > 0$  such that for every n

$$\mathbb{P}[T \le n + N \,|\, \mathcal{F}_n] > \varepsilon \quad a.s.$$

then  $\mathbb{E}[T] < +\infty$ .

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**Proof:** For any integer  $m \ge 1$ ,

$$\mathbb{P}[T > mN \mid T > (m-1)N] \le 1 - \varepsilon,$$

by assumption. (Indeed, by definition of  $Z = \mathbb{P}[T > n + N | \mathcal{F}_n] \le 1 - \varepsilon$  with n = (m-1)N, we have for  $F = \{T > (m-1)N\} \in \mathcal{F}_n$ 

$$\mathbb{P}[T > mN] = \mathbb{E}[\mathbb{1}\{T > n + N\}; F] = \mathbb{E}[Z; F] \le (1 - \varepsilon)\mathbb{P}[F],$$

and apply the definition of the conditional probability.) By the multiplication rule (i.e., the undergraduate rule  $\mathbb{P}[A_1 \cap \cdots \cap A_n] = \prod_{i=1}^n \mathbb{P}[A_i \mid A_1 \cap \cdots \cap A_{i-1}]$ ) and the monotonicity of the events  $\{T > mN\}$ , we have  $\mathbb{P}[T > mN] \leq (1 - \varepsilon)^m$ . We conclude using  $\mathbb{E}[T] = \sum_{k>1} \mathbb{P}[T \geq k]$ .

### **3** Application I: Simple RW

**DEF 18.19** Simple RW on  $\mathbb{Z}$  is the process  $\{S_n\}_{n\geq 0}$  with  $S_0 = 0$  and  $S_n = \sum_{k\leq n} X_k$  where the  $X_k$ s are iid in  $\{-1, +1\}$  s.t.  $\mathbb{P}[X_1 = 1] = 1/2$ .

**THM 18.20** Let  $\{S_n\}$  as above. Let a < 0 < b. Define  $T_x = \inf\{n \ge 0 : S_n = x\}$  and  $T = T_a \wedge T_b$ . Then we have

1.  

$$T < +\infty \ a.s.$$
2.  

$$\mathbb{P}[T_a < T_b] = \frac{b}{b-a}$$
3.  

$$\mathbb{E}[T] = -ab$$
4.

$$T_a < +\infty a.s.$$
 but  $\mathbb{E}[T_a] = +\infty$ 

#### **Proof:**

Apply the Waiting for the inevitable lemma with N = b − a and ε = (1/2)<sup>b−a</sup> (corresponding to moving right b − a times in a row which takes you to b, no matter where you are within the {a,...,b} interval). That shows E[T] < +∞, from which the claim holds.</li>

2) By Wald's first identity,  $\mathbb{E}[S_T] = 0$  or

$$a \mathbb{P}[S_T = a] + b \mathbb{P}[S_T = b] = 0,$$

that is (taking  $b \to \infty$  in the second expression)

$$\mathbb{P}[T_a < T_b] = \frac{b}{b-a}$$
 and  $\mathbb{P}[T_a < +\infty] \ge \mathbb{P}[T_a < T_b] \to 1.$ 

3) Wald's second identity says that  $\mathbb{E}[S_T^2] = \mathbb{E}[T]$  (by  $\sigma^2 = 1$ ). Also

$$\mathbb{E}[S_T^2] = \frac{b}{b-a}a^2 + \frac{-a}{b-a}b^2 = -ab,$$

so that  $\mathbb{E}[T] = -ab$ .

 4) Taking b → +∞ above shows that E[T<sub>a</sub>] = +∞ by monotone convergence. (Note that this case shows that the L<sup>1</sup> condition on the stopping time is necessary in Wald's second identity.)

## 4 Application II: Biased RW

**DEF 18.21** Biased simple RW on  $\mathbb{Z}$  with parameter  $1/2 is the process <math>\{S_n\}_{n\geq 0}$  with  $S_0 = 0$  and  $S_n = \sum_{k\leq n} X_k$  where the  $X_k$ s are iid in  $\{-1, +1\}$  s.t.  $\mathbb{P}[X_1 = 1] = p$ . Let q = 1 - p. Let  $\phi(x) = (q/p)^x$  and  $\psi_n(x) = x - (p - q)n$ .

**THM 18.22** Let  $\{S_n\}$  as above. Let a < 0 < b. Define  $T_x = \inf\{n \ge 0 : S_n = x\}$  and  $T = T_a \wedge T_b$ . Then we have

1.

$$T < +\infty$$
 a.s.

2.

$$\mathbb{P}[T_a < T_b] = \frac{\phi(0) - \phi(b)}{\phi(a) - \phi(b)}$$

3.

$$\mathbb{P}[T_a < +\infty] = 1/\phi(a) < 1 \text{ and } \mathbb{P}[T_b = +\infty] = 0$$

4.

$$\mathbb{E}[T_b] = \frac{b}{2p-1}$$

Proof: There are two MGs here:

$$\mathbb{E}[\phi(S_n) \,|\, \mathcal{F}_{n-1}] = p(q/p)^{S_{n-1}+1} + q(q/p)^{S_{n-1}-1} = \phi(S_{n-1}),$$

(noting that  $|\phi(S_n)| \leq (p/q)^n$  a.s.) and

$$\mathbb{E}[\psi_n(S_n) \mid \mathcal{F}_{n-1}] = p[S_{n-1} + 1 - (p-q)(n)] + q[S_{n-1} - 1 - (p-q)(n)] = \psi_{n-1}(S_{n-1}),$$

(noting that  $|\psi_n(S_n)| \leq (1+p)n$  a.s.)

- 1) Follows by the same argument as in the unbiased case.
- 2) Now note that  $\{\phi(S_{T \wedge n})\}$  is a bounded MG and, therefore, by THM 18.8, we get

$$\phi(0) = \mathbb{E}[\phi(S_T)] = \mathbb{P}[T_a < T_b]\phi(a) + \mathbb{P}[T_a > T_b]\phi(b),$$

or  $\mathbb{P}[T_a < T_b] = \frac{\phi(b) - \phi(0)}{\phi(b) - \phi(a)}$  (where we used 1)).

- 3) By 2), taking  $b \to +\infty$ , by monotonicity  $\mathbb{P}[T_a < +\infty] = \frac{1}{\phi(a)} < 1$  so  $T_a = +\infty$  with positive probability. Similarly take  $a \to -\infty$ .
- 4) By LEM 18.7 applied to  $\{\Psi_n(S_n)\},\$

$$0 = \mathbb{E}[S_{T_b \wedge n} - (p-q)(T_b \wedge n)].$$

(We cannot use Wald's first identity directly because it is not immediately clear whether  $T_b$  is integrable.) By (MON) and the fact that  $T_b < +\infty$  a.s. from 3),  $\mathbb{E}[T_b \wedge n] \uparrow \mathbb{E}[T_b]$ . Finally,  $-\inf_n S_n \ge 0$  a.s. and for  $x \ge 0$ ,

$$\mathbb{P}[-\inf_n S_n \ge x] = \mathbb{P}[T_{-x} < +\infty] = \left(\frac{q}{p}\right)^x,$$

so that  $\mathbb{E}[-\inf_n S_n] = \sum_{x \ge 1} \mathbb{P}[-\inf_t S_t \ge x] < +\infty$ . Hence, we can use (DOM) with  $|S_{T_b \land n}| \le \max\{b, -\inf_n S_n\}$  to deduce that

$$\mathbb{E}[T_b] = \frac{\mathbb{E}[S_{T_b}]}{p-q} = \frac{b}{2p-1}.$$

# References

- [Dur10] Rick Durrett. *Probability: theory and examples*. Cambridge Series in Statistical and Probabilistic Mathematics. Cambridge University Press, Cambridge, 2010.
- [Wil91] David Williams. *Probability with martingales*. Cambridge Mathematical Textbooks. Cambridge University Press, Cambridge, 1991.