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### 1 Overview

In the last lecture we presented the *decoupling* and *comparison* theorems which prepare us for the proof of the Hanson-Wright Inequality.

In this lecture, we will prove the Hanson-Wright Inequality.

## 2 Hanson-Wright Proof and Applications

#### 2.0 Review of Matrix Norms and Singular Value Decomposition

See Topic 2 on <https://people.math.wisc.edu/~roch/mmids/> for details.

Recall that the Frobenius norm of an  $n \times m$  matrix  $A \in \mathbb{R}^{n \times m}$  is defined as

$$
||A||_F = \sqrt{\sum_{i=1}^n \sum_{j=1}^m a_{ij}^2}.
$$

Define  $\mathbb{S}^{m-1} = \{ \mathbf{x} \in \mathbb{R}^m : ||\mathbf{x}|| = 1 \}.$  The induced 2-norm of a matrix  $A \in \mathbb{R}^{n \times m}$  is

$$
||A||_2 = \max_{\mathbf{0} \neq \mathbf{x} \in \mathbb{R}^m} \frac{||A\mathbf{x}||}{||\mathbf{x}||} = \max_{\mathbf{x} \in \mathbb{S}^{m-1}} ||A\mathbf{x}||.
$$

The singular value decomposition (SVD) of a matrix  $A \in \mathbb{R}^{n \times m}$  is a matrix factorization

$$
A = U\Sigma V^T = \sum_{j=1}^r \sigma_j \mathbf{u}_j \mathbf{v}_j^T,
$$

where the columns of  $U \in \mathbb{R}^{n \times r}$  and those of  $V \in \mathbb{R}^{m \times r}$  are orthonormal, and  $\Sigma \in \mathbb{R}^{r \times r}$  is a diagonal matrix. Here the  $\mathbf{u}_j$  's are the columns of U and are referred to as left singular vectors. Similarly the  $v_j$  's are the columns of V and are referred to as right singular vectors. The  $\sigma_j$  's, which are non-negative and in decreasing order

$$
\sigma_1 \geq \sigma_2 \geq \cdots \geq \sigma_r > 0
$$

are the diagonal elements of  $\Sigma$  and are referred to as singular values.

#### 2.1 Hanson-Wright Proof and Applications

Setting (\*): let  $X = (X_1, \ldots, X_n)$  be a random vector with independent mean-zero coordinates and  $X'$  be an independent copy of X. Let A be an  $n \times n$  matrix.

**Theorem 1.** (Hanson-Wright Inequality) Suppose (\*) holds and further  $K = \max ||X_i||_{\Psi_2} < \infty$ ,  $\forall i$ . Then for every  $t \geq 0$ , we have

$$
\mathbb{P}(|X^TAX - \mathbb{E}(X^TAX))| \ge t) \le 2 \exp\left(-c \min\left(\frac{t^2}{K^4 \|A\|_F^2}, \frac{t}{K^2 \|A\|_2}\right)\right).
$$

Proof. We will use three lemmas:

L1 (Decoupling) Suppose  $(*)$  holds and further the diagonal entries of A are all zero. For any convex function  $F$ , we have

$$
\mathbb{E}(F(X^T A X)) \le \mathbb{E}(F(4X^T A X')).
$$

Remark of L1 (Remark 6.1.3. in [V]) A slightly stronger version of decoupling inequality holds, in which A needs not be diagonal-free. For any square matrix  $A = (a_{ij})$ , we have

$$
\mathbb{E} F\left(\sum_{i,j:i\neq j} a_{ij} X_i X_j\right) \leq \mathbb{E} F\left(4\sum_{i,j} a_{ij} X_i X_j'\right).
$$

L2 (Comparison, Lemma 6.2.3 in [V]) Suppose (\*) holds with  $||X||_{\psi_2} \leq K$  and  $||X'||_{\psi_2} \leq K$ . Consider also independent random vectors  $g, g' \sim N(0, I_n)$ . Then for any  $\lambda \in \mathbb{R}$ ,

$$
\mathbb{E}(F(4X^TAX')) \leq \mathbb{E}(\exp\left(cK^2g^TAg'\right)).
$$

L3 (Gaussian chaos, Lemma 6.2.2 in [V]) Let  $g, g' \sim N(0, I_n)$  be independent and A be an  $n \times n$ matrix. Then for any  $\lambda \in \mathbb{R}$ ,  $|\lambda| \le c / ||A||_2$ , we have

$$
\mathbb{E}(\exp\left(\lambda g^T A g'\right)) \leq \exp\left(C\lambda^2 \|A\|_F^2\right).
$$

We write

$$
X^{T} A X = \sum_{i,j} a_{ij} X_{i} X_{j} = \sum_{i} a_{ii} X_{i}^{2} + \sum_{i \neq j} a_{ij} X_{i} X_{j}.
$$

It follows from independence and the mean-zero assumption that

$$
\mathbb{E}(X^T A X) = \sum_i a_{ii} \mathbb{E} X_i^2.
$$

The problem reduces to estimating the diagonal and off-diagonal sums:

$$
\mathbb{P}(|X^TAX - \mathbb{E}(X^TAX))| \ge t) \le \mathbb{P}\left(\sum_{i=1}^n a_{ii}(X_i^2 - \mathbb{E}X_i^2) \ge t/2\right) + \mathbb{P}\left(\sum_{i \ne j} a_{ij}X_iX_j \ge t/2\right).
$$

(Diagonal sum) Note that by centering

$$
||a_{ii}(X_i^2 - \mathbb{E}X_i^2)||_{\Psi_1} \lesssim |a_{ii}|||X_i^2||_{\Psi_1} \lesssim |a_{ii}|||X_i||_{\Psi_2}^2 \lesssim |a_{ii}|K^2.
$$

Applying Bernstein's Inequality,

$$
p_1 \le 2 \exp \left( -c \min \left( \frac{t^2}{K^4 \sum_i a_{ii}^2}, \frac{t}{K^2 \max_i |a_{ii}|} \right) \right) \le 2 \exp \left( -c \min \left( \frac{t^2}{K^4 ||A||_F^2}, \frac{t}{K^2 ||A||_2} \right) \right).
$$

(Off diagonal sum) Let  $S = \sum_{i \neq j} a_{ij} X_i X_j$ . By Chebyshev's Inequality, for any  $\lambda > 0$ 

$$
p_2 = P(S \ge t/2) = P\left(e^{\lambda S} \ge e^{\lambda t/2}\right) \le \exp(-\lambda t/2) \mathbb{E}(\exp(\lambda S)).
$$

Now,

$$
\mathbb{E} \exp(\lambda S) \leq \mathbb{E} \exp\left(4\lambda X^{\top} A X'\right) \qquad \text{(by L1)}
$$
  
\n
$$
\leq \mathbb{E} \exp\left(C_1 \lambda g^{\top} A g'\right) \qquad \text{(by L2)}
$$
  
\n
$$
\leq \exp\left(C\lambda^2 \|A\|_F^2\right) \qquad \text{(by L3)},
$$

provided that  $|\lambda| \leq c / ||A||$ .

Hence,

$$
p_2 \le \exp\left(-\lambda t/2 + C\lambda^2 ||A||_F^2\right).
$$

Optimize over  $0 < \lambda \leq c / ||A||$ , we conclude that

$$
p_2 \le 2 \exp \left(-c' \min \left(\frac{t^2}{K^4 ||A||_F^2}, \frac{t}{K^2 ||A||_2}\right)\right).
$$

We complete the proof by putting together the diagonal part  $p_1$  and the off-diagonal part  $p_2$ .

We have the following theorem as a consequence of the Hanson-Wright Inequality:

**Theorem 2.** (Concentration for random vectors, Thm 6.3.2 in [V]) Suppose  $(*)$  holds and further  $K = \max ||X_i||_{\Psi_2} < \infty$ ,  $\forall i$ . Let B be an  $n \times m$  matrix. Then

$$
\|\|BX\|_2 - \|B\|_F\|_{\Psi_2} \leq C K^2 \|B\|.
$$

Proof. See Vershynin's textbook.

# References

[1] R.Vershynin, *High-dimensional probability: An introduction with applications in data science*, Cambridge university press, 2008.

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